

**Children's Mental Health Week Proclamation**  
**May 7-13, 2023**

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**Whereas:** according to the United States Department of Health and Human Services, one in five children is diagnosed with a mental health condition; and

**Whereas:** good mental health is a key component in a child's healthy development and Children's Mental Health Week shines the light on this important matter; and

**Whereas:** research has shown that early identification and treatment of mental health conditions among children and youth, and the involvement of family members in their care and treatment, provide children and youth better opportunities for full and meaningful lives; and

**Whereas:** early identification and treatment includes timely services and supports for children and youth from a fully integrated team of diverse resources including their families, physicians, schools, and local communities; and

**Whereas:** appropriate treatment is family-driven, youth-guided, culturally appropriate, and equitable across varying communities and populations; and

**Whereas:** appropriately treating the mental health needs of children, youth, and families today is fundamental to the future of our nation, and to the Commonwealth of Massachusetts;

Now, Therefore, the Board of Selectman of the Town of Nahant, MA do hereby proclaim May 7th - 13th, 2023 as Children's Mental Health Week and urge our citizens, businesses, and organizations to promote this year's theme:

**Accept, Advocate, Act - Because Awareness Is Not Enough**

in order to help increase equitable access to appropriate treatment and support for children, youth, and their families with mental health needs.

Town of Nahant

May 4, 2023

*Mark P. Cullinan, Chairman*

*Eugene Canty, Vice Chairman*

*Joshua A. Antrim, Recording Secretary*

Board of Selectman