

NSP committee meeting November 8, 2022 Meeting minutes approved at the Sailing Committee meeting on \_\_January 26, 2023, 2022\_\_\_\_\_

\_\_ Respectfully submitted to the town Clerk on \_\_January 27, 2023 by \_\_Mark Patek\_\_\_\_\_

NSP committee meeting November 8, 2022

Location: Dory Club

Members of Committee: Mark Patek, Eric Kirton, John Fulghum, Heidi Fiore, Jeff Hall

Others: Greg Marie

Meeting started at 7:39pm when there was a quorum

Minutes:

Mark moved to approve minutes from previous official meeting 4/28/22. It was seconded by, John and all approved.

**J-24 proposal:**

Eric moved that NSP proceed to evaluate and consider proposal from the Lawrence sailing program which allow the Lawrence program to keep a recently donated J-24 sailboat in Nahant for use by NSP and Lawrence. John seconded the motion.

General proposal which needs to be formalized in writing and with many details covered is:

Lawrence owns, maintains and insures the J-24.

NSP provides a mooring in Nahant

Lawrence will use the boat once or twice a week for classes or races and NSP can use the boat for classes or races when not needed by Lawrence

Many more details need to be worked out such: how Lawrence students get to and from J-24, parking for van from Lawrence, winter storage plan, responsibility for repairs – cost and work.

Discussion: NSP could benefit through use by adult sailing, possible racing by instructors in Dory Club races, NSP cruising class.

Since all agreed that it was worth moving forward so that more details could be developed. The motion was voted on and approved by all.

### **Reviewed last summer's program:**

General agreement that program went well but that there are steps that could improve the program.

### **Discussed recommendations received in an email from Lydia Antrim who was director this past summer which were:**

"A common theme among the instructor reviews is lack of lesson planning skills. I do think a general curriculum map for each course would be important for the instructors to be able to improve upon this. Additionally, I think they need guidance on water drills that correlate to their land lesson. Often people would have a great land lesson (for example on tacking) but then when they got on the water it became "okay now practice tacking" rather than having a structured activity that targeted this skill. For example, I felt that the orange marks were pretty rarely used which I would think would be key for doing races, box drills, mark roundings, figure 8s etc.

3 general steps to a lesson

1. Teach Skill (ex: chalk talk for tacking; show on white board practice the tiller and ducking movement)
2. Teach HOW we will practice the skill on the water (ex: "we will rig and then sail to joe beach buoy. When you get to joe beach buoy circle the buoy. Then we will tack on the whistle up to the orange mark." Teach and model tack on the whistle on land and clearly explain 1 whistle means tack 2 whistles means come back to joe beach buoy)
3. Do it on the water

I felt people were missing steps 2 and 3. 2 is a critical step to avoid kids from ending up all over the harbor. "

Discussed ideas and methods to implement these recommendations since all agreed that improvements are needed:

Consider using "red" skill recording books that US Sailing provided in the past – John to see if he can find one.

Update the current Sailing program manual to specify more detailed curriculum and skill goals for each class with weekly goals etc. Note that most classes are for a total of 21 three hour sessions that a lot of sailing skills could be covered.

Hold instructor brainstorming session during work week to let instructors come up with creative and fun skill activities for both sailing and rainy days.

Encourage or require instructors to do more teaching from boats. Note that this might require larger staff or more hours/instructor if there are two instructors in safety boat which others are in the boats.

Consider changing long established practice of CIT's running and teaching the kids in each Rhodes 19's in the "learn to sail" classes.

Other observations:

Eric expressed need to continue focus and may need more actions to ensure instructors follow safety protocols when operating power boats.

All agreed that we should move organization responsibility for major fund raising event to motivated parents and/or instructor alumni instead of making it a responsibility of the instructors as it has been in 2021 and 2022. Instructors would still have important role on the day of the event but would not be expected to organize it.

The "harbor cruise" activity as the major event should be continued as it is popular with Nahant residents and parents.

Suggestions to make it even better:

Hold in mid to late July to encourage more summer sailing by residents for rest of summer.

Hold it on Sunday afternoon or evening so more residents would be able to participate.

Invite instructor alumni to skipper some boats

Sail bag collection and delivery to Sailbags company should be early enough to get NSP logo on stuff and to have it in time for the event.

Agreed that Heidi would review parents registration list for potential volunteers. (Mark to give her list) and that Greg would identify alumni in town who might be interested in helping.

Reviewed Financial results for the program todate.

Key is that class tuitions collected (\$42,275) covered most of the payroll expense. The appropriation from the town and fees from stickers covered the difference and the operational expenses. There are still outstanding expenses to be reimbursed and some end of year payroll to be covered.

review preliminary financial results for past summer

Summary:

June 2022- October 31.	
Appropriation	\$5,950.00
Fees	\$42,275.00
Stickers/Revenue	\$2,892.50
Donations	\$0.00

Less: Payroll	(\$42,370.64)
Less: Expenses	(\$1,586.92)
<b>Net Total</b>	<b>\$7,159.94</b>

revolving fund	
beginning balance	\$16,296.13
ending balance	\$23,456.07

Outstanding expenses:

Mark: \$642.64, Eric about \$1,500, bonus payments to be determined

Note that above does not include expenditures and capital investments from FNS.

Reviewed inventory of equipment and needed maintenance as identified by instructor report.

Over the winter, Eric will go over the list to see what he can fix in the bunker and what needs to be ordered prior to next season.

Mark will order 2 420 trapeze harnesses with quick release as recommended by Natalie. Need to order now to get delivery by summer.

Eric will order prop guard.

Jeff will do winter maintenance for motors as needed

Discussed possible need to replace one motor to avoid down time during summer:

Would be trade off between eliminating oldest vs need to have motors with power trim since the smaller instructors have trouble raising engine. Also, if replace the one 15" long motor, could 20" motor be used on the boat with current 20" engine.

(After meeting determined that Princess was in the bunker for most of the summer until around race week. This is the darker blue of the similar boats (Tohatsu not Honda).

Although a second RIB would be preferred, the cost has gone up significantly from the bargain price we paid for our rib.

Other business as required.

Confirmed request to Friends of Nahant Sailing for the purchase of two RS Fevas as boats for students moving from Optis to 420's who are too light for 420's.

Meeting was adjourned at 10:15PM

