

NAHANT COUNCIL ON AGING



Board Minutes: November 9, 2022, 10am, Conference Room #2

In attendance: Angela Bonin, Lollie Ennis, Sheila Hambleton, Jean Lucantonio, Mary Miner, Emily Potts, Carol Sanphy, Donna Steinberg, Janet Taylor

Absent: Linda Jenkins

Angela opened the meeting at 10:00 am

Janet Taylor volunteered to take the minutes of this meeting as Jean Lucantonio will be away for the coming weeks.

Secretary's Report: The minutes of the October 12, 2022 meeting were corrected to show that moving the lunch operation to Swampscott would REQUIRE our moving our lunch guests. Upon motion made by Angela and seconded by Donna, it was VOTED to amend the minutes. Emily abstained from voting because she was absent for the October meeting.

Treasurer's Report: Emily said that our finances are in good shape. To date we have spent 36.2% of the FY23 budget. Even though we purchased 4 new tires for the van in October, the last 2 tires (there are 6 tires on the van) are bald. They will be replaced and expenditure will appear in next month's report. Upon motion made by Sheila and seconded By Mary, it was unanimously VOTED to accept the treasurer's report.

Director's Report: The number of luncheon guests has increased, as has bus ridership. The number of exercise attendees is down a bit. Convection oven problems continue: It seems that the voltage was set too high (240 instead of 208), so transformer is needed. Ed Poulin is the electrician working on getting this fixed. We hope to use the convection oven to cook the turkeys for the Thanksgiving celebration on November 17. We expect the State Board of Health to conduct an inspection sometime in the near future. We are busy planning our Christmas party which will be at the KofC on Dec. 21. A "one-man-band" has been hired as the entertainment. Brett Henry will cater it and Mary's brother will play Santa. Children from the Johnson School have been invited to lead us in song. We will keep an eye out for those entering and exiting as the place is not handicapped-friendly.

Old Items:

*Kitchen Renovation THE \$50K grant from the state must be spent by June 30, 2023. Mary will meet with TA Barletta and the contractor this afternoon. Donna volunteered to serve as COA Board liason. Hope to start project by mid January.

*Alternative Dining Space For various reasons, the Dory Club (no heat, water) the KofC (inadequate kitchen) and Kelley Greens (no Mondays/Tuesdays) were ruled out. The best 2 options are Mount Carmel Villa in Nahant and the Swampscott COA. Mary to contact Sr. Frances Wool re: the Villa. If we go to Swampscott....how do we handle our staff and volunteers? Swampscott has their own staff and volunteers.

*State COA Conference Mary reported that she found it very informative and rewarding. She networked with other COA directors and discovered that Nahant is in pretty good shape compared to other towns. She met Dr. Andrew Budson, from BU, who has written books on dementia and its effects on

patients and their families. He would be willing to come to Nahant to talk for free. She passed along his info to Marrit Hastings at the NVC.

New Items:

*As a result of Mary's a COA Conference workshop on "communicating COA happenings to your town", Mary has suggested, and TA Barletta has accepted, an idea to have each Town Department head give an update on what is happening. These monthly updates could appear in the Tiffany Times.

*Thanks to the person who donated an artificial Christmas tree to the COA!

Our next meeting will be Wednesday, Dec. 14, 2022

Upon motion made by Donna and seconded by Angela it was unanimously VOTED to adjourn at 11:15 am.

Respectfully submitted,

Janet Taylor

Volunteer Recording Secretary

Angela Bonini
Chair

