

Nahant Council on Aging Board Minutes

July 13, 2022 Monthly Meeting

Conference Room #2



The Nahant Council on Aging Board Meeting was called to order at 10:01am on Wednesday July 13, 2022 by Chairperson Angela Bonin. Present: Angela Bonin, Lollie Ennis, Shelia Hambleton, Linda Jenkins, Jean Lucantonio, Mary Miner, Emily Potts, Carol Sanphy, Donna Steinberg, and Janet Taylor.

Secretary Report

Upon motion by Donna Steinberg and seconded by Lollie Ennis, it was voted to accept the June 8, 2022 minutes with changes to two spelling errors.

Director Report

Mary Miner reported that the white board came in and was being used.

~~The~~ Was a catered picnic on June 30th and Essex Cruise trip ~~was~~ ^{were} successful.

Mary went to Mass Council of Aging Regional meeting in Melrose, July 12, facility was perfect space. Three floors and catered to all levels of seniors. Space would be perfect if it was in Nahant. 1/3 of the Melrose population is over age of 60. Mary feels Nahant needs to think about ways to expand our space. She said other directors are full time employees and she was the only part-time employee. She needs to look at the numbers and learn how they work.

Swampscott had senior study done from Umass and report is available – she will look at the report.

Mary talked about jr seniors are those ^{retired} ~~working~~ folks that don't come lunch, she thinks more would come if we had a bigger center.

July 4th celebration – few new folks came to it.

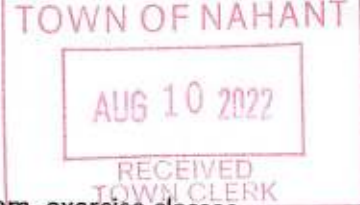
Mary does spend more time over her allotted hours.

She wants to get Jr seniors to join on a more regular basis. She thinks if COA had more space she could add activities.

Angela brought up there is space at the Johnson school, but school ^{committee} ~~community~~ dropped it.

Jean suggested Valley Road school for space.

Donna suggested revisit looking at Johnson school for more space. Number of students at Johnson school is increasing.



Emily is there way to expand at Johnson school, ^{So that we can} needs to hold lunch program, exercise classes, reading, crafts area and paint classes. "

Emily there is space at Valley Road school basement, but who would set it up and break it down, in same building. Johnson school would be better. "

Mary said we should visit Swampscott COA and see their setup. Heidi is the director and Mary will speak to her, maybe setup something with them.

Mary will look at the state report for Swampscott and Winthrop.

Mary asked Heidi from Swampscott about use their van and driver for trips, since we can no longer use GLISS.

Linda said it would benefit to use Johnson school and benefit to have children and seniors together. Seniors could help teach the kids. Program where senior adopts a 3rd grader.

Mary vision – seniors write notes to 3rd grader and ask them about their day.

School ^{Committee} community stop the program.

Ruling anyone 60 and over can go to COA.

Mary question about having a wine tasting event at Valley Road school the Friends of COA have the money to pay for it.

Mary said Salem COA had Italian night as a fund raiser and Mary had done one with Lyons Club, she said "Build Senior Center Funds".

Mary has the Paperwork on Johnson school, Donna said committee should review the Johnson school paperwork and why it would benefit the children.

How do we move forward with more space?

Mary said kitchen updates \$100,000 available - 50 from state and 50 from town. Where would COA go to serve lunch while work was being done?

But need to know if we could move to school first.

Painting bathroom update - to be painted over the weekend 30/31 July, Lyons Club to do it. Friday the 29th the wallpaper will be removed. DPW is so busy they can't remove old sink, tiles and ceiling tiles.

Linda to check at Lowe to buy replacement sink and counter.

Angela asked who updates the COA website, that it was outdated, Mary to check who updates the town websites.

10:51 Angela motion to adjourn, Linda seconded it. Next meeting August 10, 2022.

Lean Lucantoni

Approved by COA @ meeting
on Aug. 10, 2022
and submitted to town clerk.

Angela Borin
Chari